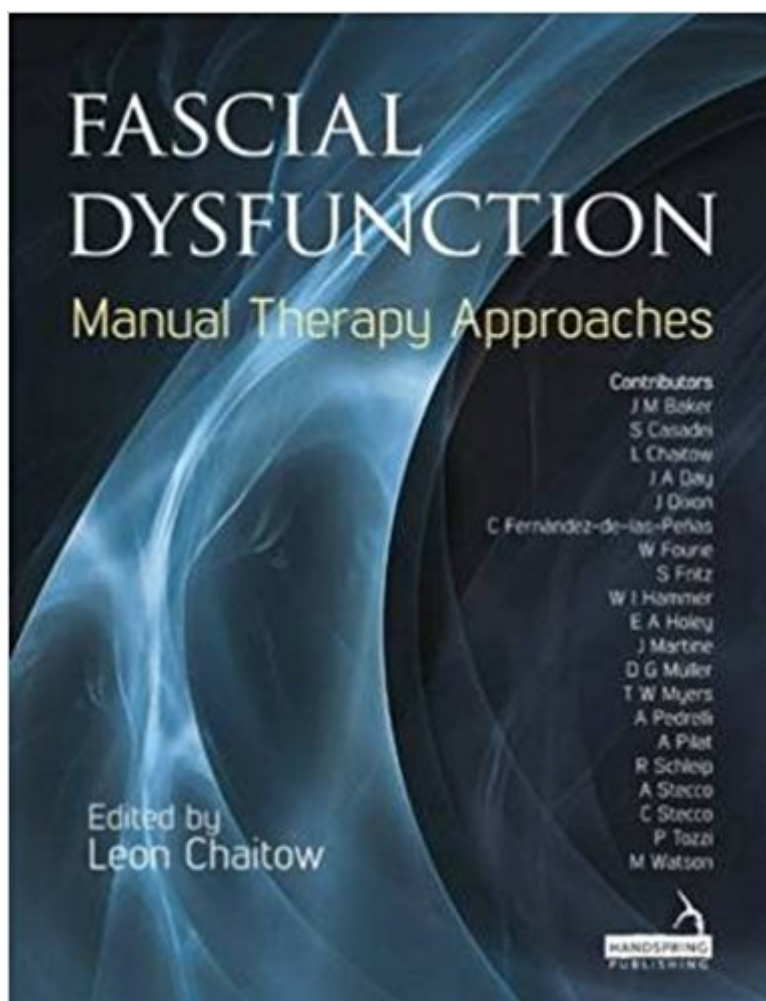


The book was found

Fascial Dysfunction: Manual Therapy Approaches



Synopsis

Fascial dysfunction is now recognized as one of the main underlying causes of musculoskeletal pain leading to impaired and reduced mobility. These are the symptoms which confront all practitioners of manual therapy in their everyday practice. Fascial Dysfunction - Manual Therapy Approaches aims to assess more precisely the dysfunction of their clients and its cause and to increase practitioner awareness of the various techniques which may help them in their attempts to alleviate their clients' problems. --

Book Information

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Customer Reviews

Leon Chaitow is well-known internationally as the author of over 60 books on natural health and complementary medicine. He has written authoritatively at many levels: from easy to understand guides for the general public on health issues and treatment approaches to detailed, well-referenced texts for health care students and practitioners and their clients. He has also co-edited and contributed to numerous other important publications in the field of fascial dysfunction and its treatment, notably as co-editor of Fascia: The Tensional Network of the Human Body edited by Robert Schleip et al. Apart from his books Leon is the founding Editor and Editor-in-Chief of the Journal of Bodywork and Movement Therapies. Born in South Africa he moved to the UK in 1956 where he studied osteopathy and naturopathy at the British College of Osteopathic Medicine, graduating in 1960. He went on to study acupuncture in the 1960s and then cranial osteopathy (1969-78) and orthomolecular nutrition (1970-73). Leon Chaitow was the first naturopath/osteopath

to be appointed to a UK medical practice (Marylebone Health Centre, London) an appointment which he held from 1993 to 2009. In 1993 he was appointed Senior Lecturer, Module leader and member of the course design team at the School of Life Sciences, University of Westminster. Since 1983 he has held posts throughout Europe, the USA, Canada and Australia as visiting lecturer to colleges, schools and professional organizations of chiropractic, physiotherapy, osteopathy and naturopathy. He continues to travel to teach around the world while maintaining his private practice in London. His writing is undertaken in the peace and beauty of his home in Corfu.

good information, I was looking for current facial research and thinking and Chaitow is informed

Another gem from Dr Chaitow - if you're interested in learning techniques that will actually be therapeutic, instead of just palliative, learn what he's teaching. This is especially true for LMT students - the curriculum of most massage schools that satisfies requirements for licensing doesn't really delve into techniques that will remove pain. Rather it results in LMTs who can do "fluff and buff" - the client may feel good for an hour or two afterwards, but any underlying pain is still there. THIS WORKS.

Detailed and concise information. For anyone interested in the body connections of fascia and the dysfunctions, this is a must read.

As described

Awesome info

On time and as expected

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